

Menopause Cafe



at Winch Lane Surgery

Join us at our new Menopause Cafe monthly evening sessions, starting in July!

Sharing patient stories and talks by GP's Dr Baker and Dr Smith, including: symptoms, HRT, and lifestyle approaches.

A warm welcome to all, in an open and non-judgemental space.

Limited spaces available. Please register your interest by emailing: enquiries.w92042@wales.nhs.uk



